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HQDA EXORD 103-26 COMBAT FIELD TEST (CFT)

Originator: DA WASHINGTON DC

TOR: 04/22/2026 15:55:28

DTG: 221529Z Apr 26

Prec: Priority

DAC: General

ARLINGTON NATIONAL CEMETERY ARLINGTON VA, ARNG NGB COMOPS ARLINGTON VA, ARNG NGB J3 JOC WASHINGTON DC, ARNGRC ARLINGTON VA, ARNGRC WATCH ARLINGTON VA, CDR 5 ARMY NORTH AOC FT SAM HOUSTON TX, CDR ARMY FUTURES COMMAND AUSTIN TX, CDR ATEC ABERDEEN PROVING GROUND MD, CDR MDW J3 FT MCNAIR DC, CDR MDW JFHQ-NCR FT MCNAIR DC, CDR NETCOM 9THSC FT HUACHUCA AZ, CDR TRADOC CG FT EUSTIS VA, CDR TRADOC DCS G-3-5-7 OPNS CTR FT EUSTIS VA, CDR USAR NORTH FT SAM HOUSTON TX, CDR USARCENT SHAW AFB SC, CDR USAREUR-AF WIESBADEN GE, CDR USASOC COMMAND CENTER FT BRAGG NC, CDR USASOC FT BRAGG NC, CDR USAWHC DCS G3 CENTRAL TASKING DIV FT BRAGG NC, CDR USAWHC DCS G3 CURRENT OPS FT BRAGG NC, CDR USAWHC DCS G3 WATCH OFFICER FT BRAGG NC, CDR3RD ARMY USARCENT WATCH OFFICER SHAW AFB SC, CDRAMC REDSTONE ARSENAL AL, CDRHRC G3 DCSOPS FT KNOX KY, CDRINSCOM FT BELVOIR VA, CDRINSCOM FT BELVOIR VA, CDRINSCOMIOC FT BELVOIR VA, CDRINSCOMIOC FT BELVOIR VA, CDRMDW WASHINGTON DC, CDRUSACE WASHINGTON DC, CDRUSACIDC FT BELVOIR VA, CDRUSACYBER FT GORDON GA, CDRUSAEIGHT G3 CUOPS SEOUL KOR, CDRUSAEIGHT SEOUL KOR, CDRUSAMEDCOM FT SAM HOUSTON TX, CDRUSARC G33 READ FT BRAGG NC, CDRUSAREC FT KNOX KY, CDRUSARPAC CG FT SHAFTER HI, CDRUSARPAC FT SHAFTER HI, CDRUSAWHC FT BRAGG NC, COMDT USAWC CARLISLE BARRACKS PA, HQ ARTRANS CMD GROUP SCOTT AFB IL, HQ ARTRANS OPS MSG CNTR SCOTT AFB IL, HQ IMCOM FT SAM HOUSTON TX, HQ USARSO FT SAM HOUSTON TX, HQ USARSO G3 FT SAM HOUSTON TX, HQDA ARMY STAFF WASHINGTON DC, HQDA CSA WASHINGTON DC, HQDA EXEC OFFICE WASHINGTON DC, HQDA IMCOM OPS DIV WASHINGTON DC, HQDA SEC ARMY WASHINGTON DC, HQDA SECRETARIAT WASHINGTON DC, HQDA SURG GEN WASHINGTON DC, MEDCOM HQ EOC FT SAM HOUSTON TX, NETCOM G3 CURRENT OPS FT HUACHUCA AZ, NGB WASHINGTON DC, SMDC ARSTRAT CG ARLINGTON VA, SMDC ARSTRAT G3 ARLINGTON VA, SUPERINTENDENT USMA WEST POINT NY, SURGEON GEN FALLS CHURCH VA, USAR AROC FT BRAGG NC, USAR CMD GRP FT BRAGG NC, USAR DCS G33 OPERATIONS FT BRAGG NC, USAR OCAR DRM COMPT WATCH OFCR CRYSTAL CITY VA, USAR OCAR SDC FT BELVOIR VA, USARCENT G3 FWD, USARPAC COMMAND CENTER FT SHAFTER HI

CC: HQDA AOC DAMO ODO OPS AND CONT PLANS WASHINGTON DC, HQDA AOC G3 DAMO CAT OPSWATCH WASHINGTON DC, HQDA AOC G3 DAMO OD DIR OPS READ AND MOB WASHINGTON DC

Attachments: (Final).pdf, HQDA EXORD 103-26 Annex A - CFT Implementation Guidance (Final).pdf, HQDA EXORD 103-26 Annex B - CFT Testing Guidance (Final).pdf, HQDA EXORD 103-26 Annex J - Encl 1 - CFT Implementation Plan - Commanders Guide (Final).pdf, HQDA EXORD 103-26 Annex J - Public Affairs Guidance (Final).pdf

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TO RUIAAAA/ARLINGTON NATIONAL CEMETERY ARLINGTON VA

RUIAAAA/ARNG NGB COMOPS ARLINGTON VA

RUIAAAA/ARNG NGB J3 JOC WASHINGTON DC

RUIAAAA/ARNGRC ARLINGTON VA

RUIAAAA/ARNGRC WATCH ARLINGTON VA

RUIAAAA/CDR 5 ARMY NORTH AOC FT SAM HOUSTON TX

RUIAAAA/CDR ARMY FUTURES COMMAND AUSTIN TX

RUIAAAA/CDR ATEC ABERDEEN PROVING GROUND MD

RUIAAAA/CDR MDW J3 FT MCNAIR DC

RUIAAAA/CDR MDW JFHQ-NCR FT MCNAIR DC

RUIAAAA/CDR NETCOM 9THSC FT HUACHUCA AZ

RUIAAAA/CDR TRADOC CG FT EUSTIS VA

RUIAAAA/CDR TRADOC DCS G-3-5-7 OPNS CTR FT EUSTIS VA

RUIAAAA/CDR USAR NORTH FT SAM HOUSTON TX

RUIAAAA/CDR USARCENT SHAW AFB SC

RUIAAAA/CDR USAREUR-AF WIESBADEN GE

RUIAAAA/CDR USASOC COMMAND CENTER FT BRAGG NC

RUIAAAA/CDR USASOC FT BRAGG NC

RUIAAAA/CDR USAWHC DCS G3 CENTRAL TASKING DIV FT BRAGG NC

RUIAAAA/CDR USAWHC DCS G3 CURRENT OPS FT BRAGG NC

RUIAAAA/CDR USAWHC DCS G3 WATCH OFFICER FT BRAGG NC

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RUIAAAA/CDR3RD ARMY USARCENT WATCH OFFICER SHAW AFB SC
RUIAAAA/CDRAMC REDSTONE ARSENAL AL
RUIAAAA/CDRHRC G3 DCSOPS FT KNOX KY
RUIAAAA/CDRINSCOM FT BELVOIR VA
RUEPINM/CDRINSCOM FT BELVOIR VA
RUIAAAA/CDRINSCOMIOC FT BELVOIR VA
RUEPINF/CDRINSCOMIOC FT BELVOIR VA
RUIAAAA/CDRMDW WASHINGTON DC
RUIAAAA/CDRUSACE WASHINGTON DC
RUIAAAA/CDRUSACIDC FT BELVOIR VA
RUIAAAA/CDRUSACYBER FT GORDON GA
RUIAAAA/CDRUSAEIGHT G3 CUOPS SEOUL KOR
RUIAAAA/CDRUSAEIGHT SEOUL KOR
RUIAAAA/CDRUSAMEDCOM FT SAM HOUSTON TX
RUIAAAA/CDRUSARC G33 READ FT BRAGG NC
RUIAAAA/CDRUSAREC FT KNOX KY
RUIAAAA/CDRUSARPAC CG FT SHAFTER HI
RUIAAAA/CDRUSARPAC FT SHAFTER HI
RUIAAAA/CDRUSAWHC FT BRAGG NC
RUIAAAA/COMDT USAWC CARLISLE BARRACKS PA
RUIAAAA/HQ ARTRANS CMD GROUP SCOTT AFB IL
RUIAAAA/HQ ARTRANS OPS MSG CNTR SCOTT AFB IL
RUIAAAA/HQ IMCOM FT SAM HOUSTON TX
RUIAAAA/HQ USARSO FT SAM HOUSTON TX
RUIAAAA/HQ USARSO G3 FT SAM HOUSTON TX
RUEADWD/HQDA ARMY STAFF WASHINGTON DC
RUEADWD/HQDA CSA WASHINGTON DC
RUEADWD/HQDA EXEC OFFICE WASHINGTON DC
RUEADWD/HQDA IMCOM OPS DIV WASHINGTON DC
RUEADWD/HQDA SEC ARMY WASHINGTON DC
RUEADWD/HQDA SECRETARIAT WASHINGTON DC
RUEADWD/HQDA SURG GEN WASHINGTON DC
RUIAAAA/MEDCOM HQ EOC FT SAM HOUSTON TX
RUIAAAA/NETCOM G3 CURRENT OPS FT HUACHUCA AZ
RUIAAAA/NGB WASHINGTON DC
RUIAAAA/SMDC ARSTRAT CG ARLINGTON VA
RUIAAAA/SMDC ARSTRAT G3 ARLINGTON VA
RUIAAAA/SUPERINTENDENT USMA WEST POINT NY
RUIAAAA/SURGEON GEN FALLS CHURCH VA
RUJAAAA/USAR AROC FT BRAGG NC
RUJAAAA/USAR CMD GRP FT BRAGG NC
RUJAAAA/USAR DCS G33 OPERATIONS FT BRAGG NC
RUIAAAA/USAR OCAR DRM COMPT WATCH OFCR CRYSTAL CITY VA
RUIAAAA/USAR OCAR SDC FT BELVOIR VA
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INFO RUIAAAA/HQDA AOC DAMO ODO OPS AND CONT PLANS WASHINGTON DC
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RUIAAAA/HQDA AOC G3 DAMO OD DIR OPS READ AND MOB WASHINGTON DC
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SUBJ/HQDA EXORD 103-26 COMBAT FIELD TEST (CFT)
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SUBJECT: (U) HQDA EXORD 103-26 COMBAT FIELD TEST (CFT)//

(U) REFERENCES:
REF//A/ (U) ARMY DIRECTIVE 2025-06 ARMY FITNESS TEST (AFT) DATED 17
APR 2025// (REF A RESCINDS AD 2022-05)//
REF//B/ (U) HQDA EXORD 218-25 (AFT), DATED 24 MAR 2025//
REF//D/ (U) ARMY REGULATION (AR) 350-1, TRAINING AND LEADER
DEVELOPMENT//

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REF//E/ (U) FIELD MANUAL (FM) 7-22, HOLISTIC HEALTH AND FITNESS//
REF//F/ (U) ARMY TRAINING PUBLICATION 7-22.01 HOLISTIC HEALTH AND
FITNESS TESTING, CHANGE 1 (25 AUG 21)//
REF//G/ (U) ARMY TRAINING PUBLICATION 7-22.02 HOLISTIC HEALTH AND
FITNESS DRILLS AND EXERCISES//
REF//H/ (U) ARMY DIRECTIVE 2025-02 PARENTHOOD, PREGNANCY, AND
POSTPARTUM, DATED 24 FEB 25//
REF//I/ (U) ARMY DIRECTIVE 2026-07 IMPLEMENTATION OF PHYSICAL FITNESS

STANDARDS, DATE: 17 APR 26//

1. (U) SITUATION. THE SECRETARY OF WAR DIRECTED ALL SERVICES WITH
COMBAT SPECIALTIES TO IMPLEMENT AN ANNUAL COMBAT FIELD TEST (CFT) TO
ENHANCE LETHALITY AND IMPROVE READINESS. THE ARMY IMPLEMENTED THE CFT

IN ARMY DIRECTIVE (AD) 2025-07 (REFERENCE I).

2. (U) MISSION. THE ARMY IMPLEMENTS THE CFT EFFECTIVE UPON
PUBLICATION OF AD 2026-07 TO IMPROVE SOLDIER FITNESS AND INCREASE
WARFIGHTING READINESS FOR SOLDIERS IN COMBAT SPECIALTIES.

3. (U) EXECUTION.

3.A. (U) PURPOSE. ESTABLISH A FIELD-EXECUTABLE, COMBAT-FOCUSED
PHYSICAL FITNESS TEST FOR SOLDIERS IN DESIGNATED COMBAT SPECIALTIES
TO
IMPROVE OVERALL ARMY COMBAT READINESS IN COMBAT SPECIALTIES.

3.A.1. (U) KEY TASKS.

3.A.1.A. (U) CLEAR COMMUNICATION OF THE CFT STANDARDS, SOLDIERS
REQUIRED TO TAKE THE CFT, AND ACTIONS REQUIRED BY THE CHAIN OF
COMMAND
TO IMPLEMENT THE CFT.

3.A.1.B. (U) DELIBERATE IMPLEMENTATION OF THE CFT THROUGHOUT THE
ARMY
EFFECTIVE UPON PUBLICATION OF AD 2026-07.

3.A.1.C. (U) ASSESS THE IMPACT OF CFT IMPLEMENTATION ON COMBAT
SPECIALTY SOLDIERS IN DESIGNATED COMBAT SPECIALTIES DURING THE
DIAGNOSTIC PERIOD.

3.A.2. (U) END STATE. SOLDIERS IN DESIGNATED COMBAT SPECIALTIES
BEGIN
TAKING AN ANNUAL CFT WITHIN 12 MONTHS OF THE PUBLICATION OF THIS
ORDER, WHICH RESULTS IN INCREASED PHYSICAL READINESS OF SOLDIERS IN
COMBAT SPECIALTIES.

3.B. (U) CONCEPT OF OPERATION.

3.B.1. (U) EFFECTIVE UPON APPROVAL OF AD 2026-07, THE CFT IS
ESTABLISHED AS A NEW FITNESS REQUIREMENT FOR SOLDIERS IN DESIGNATED
COMBAT SPECIALTIES. THE CFT CONSISTS OF 7 EVENTS (ANNEX B) THAT ARE
PERFORMED IN THE FOLLOWING SEQUENCE: (1) A 1-MILE RUN, (2) 30 DEAD-
STOP PUSHUPS, (3) 100-METER SPRINT, (4) 16 FORTY-POUND SANDBAG LIFTS
ONTO A 65-INCH PLATFORM, (5) 50-METER CARRY CONSISTING OF TWO, FIVE-
GALLON ARMY WATER CANS WEIGHING 40-POUNDS EACH, (6) 50-METER MOVEMENT

DRILL CONSISTING OF A HIGH CRAWL FOR 25- METERS AND 3-5 SECOND RUSH
FOR 25- METERS, AND (7) FINISHING WITH ANOTHER 1-MILE RUN. THE CFT IS

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PERFORMED CONTINUOUSLY AND SCORED ON TOTAL TIME. TESTED SOLDIERS MUST FINISH THE EVENT IN 30 MINUTES OR LESS. THE UNIFORM FOR THE CFT IS THE ARMY COMBAT UNIFORM WITH COMBAT BOOTS, BROWN T-SHIRT, AND NO COVER.

3.B.2. (U) THE CFT IS REQUIRED FOR ALL COMBAT SPECIALTY SOLDIERS. REGULAR ARMY (RA), USAR ACTIVE GUARD RESERVE (AGR), ARNG AGR (T10 and T32), AND RESERVE COMPONENT (RC) SOLDIERS ON ACTIVE-DUTY ORDERS FOR 365-DAYS OR MORE WILL NOW TAKE 1 CFT AND 1 AFT RECORD TEST ANNUALLY.

ALL OTHER RC SOLDIERS IN COMBAT SPECIALTIES WILL TAKE ONE FITNESS TEST PER CALENDAR YEAR ALTERNATING BETWEEN THE AFT AND CFT, TAKING A RECORD AFT ONE CALENDAR YEAR AND A RECORD CFT THE NEXT CALENDAR YEAR.

3.B.3. (U) THE PHASED IMPLEMENTATION OF THE CFT IS AS FOLLOWS:

3.B.3.A. (U) PHASE I (IMPLEMENTATION PERIOD): BEGINS UPON PUBLICATION OF THIS ORDER AND ENDS 12 MONTHS AFTERWARDS. RA, AGR, AND RC SOLDIERS

ON ACTIVE-DUTY ORDERS FOR 365 DAYS OR MORE TAKE THE CFT AS AN ANNUAL REQUIREMENT. ALL OTHER RC SOLDIERS IN COMBAT SPECIALTIES WILL TAKE ONE FITNESS TEST PER CALENDAR YEAR ALTERNATING BETWEEN THE AFT AND CFT, TAKING A RECORD AFT ONE CALENDAR YEAR AND A RECORD CFT THE NEXT CALENDAR YEAR. NO ADMINISTRATIVE ACTIONS PERTAINING TO RE-TEST FAILURES, MANDATORY RECLASSIFICATION, OR UTILIZATION ACTIONS WILL OCCUR DURING THIS PHASE. ALL SOLDIERS IN DESIGNATED COMBAT SPECIALTIES (PER PARAGRAPH 3.D.1.) MUST TAKE A DIAGNOSTIC CFT NLT 6 MONTHS FROM PUBLICATION OF THIS ORDER.

3.B.3.A.1. (U) PHASE IA: AT TWO SPECIFIC INTERVALS, ON/ABOUT 31 AUGUST 2026 AND ON/ABOUT 01 DECEMBER 2026, THE ARMY FITNESS STANDARDS

WORKING GROUP (AFSWG) WILL REVIEW: (1) CFT NON-AVAILABILITY FOR ALL SOLDIERS IN DESIGNATED COMBAT SPECIALTIES BASED ON AFT PROFILING, (2)

IMPACT OF RANK/GRADE ON NON-AVAILABILITY IN POINT 1, AND (3) CFT PASS

RATES. THIS WILL INFORM THE AFSWG AND THEIR DECISIONS REGARDING THE IMPLEMENTATION OF THE CFT.

3.B.3.B. (U) PHASE II: THE FULL IMPLEMENTATION OF THE CFT BEGINS 12 MONTHS AFTER PUBLICATION OF THIS ORDER FOR SOLDIERS IN DESIGNATED COMBAT SPECIALTIES (PER PARAGRAPH 3.D.1.). THE CFT MAY BE TAKEN FOR RECORD STARTING 17 APRIL 2027.

3.C. (U) TASKS TO ARMY STAFF, SUBORDINATE ORGANIZATIONS, AND REQUESTS FOR SUPPORT.

3.C.1. (U) ASSISTANT SECRETARY OF THE ARMY FOR MANPOWER AND RESERVE AFFAIRS (ASA(M&RA)).

3.C.1.A. (U) PROVIDE AN O5/O6 ACTION OFFICER TO PARTICIPATE IN THE AFSWG TO HOLISTICALLY REVIEW AND REFINE ARMY FITNESS STANDARDS. THE

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AFSWG WILL MEET QUARTERLY WITH THE FIRST MEETING TO BE HELD IN THIRD QUARTER, FY2026, WITH SEMI-ANNUAL UPDATES TO HQDA DCS, G-1 AND HQDA DCS, G-3/5/7 IAW HQDA EXORD 218-25.

3.C.1.B. (U) REVIEW ARMY PROFILE PROCESS AND PROCEDURES IN CONJUNCTION WITH THE OFFICE OF THE SURGEON GENERAL.

3.C.1.C. (U) REVIEW MEDICAL QUALIFICATION CRITERIA FOR COMBAT SPECIALTIES ICW THE OFFICE OF THE SURGEON GENERAL.

3.C.2. (U) HQDA DEPUTY CHIEF OF STAFF (DCS), G-1 (IN COORDINATION WITH ASA(M&RA)):

3.C.2.A. (U) CONDUCT TOWN HALL SESSIONS TO INFORM KEY LEADERS (G-3 / G-1) AT DIVISION AND ABOVE OF THE CFT STANDARD FOR THE ARMY NO LATER THAN (NLT) 1 MONTH AFTER THIS ORDER IS PUBLISHED.

3.C.2.B. (U) OVERSEE AND DIRECT NECESSARY UPDATES TO AUTHORITATIVE DATA SYSTEMS, SUCH AS THE INTEGRATED PERSONNEL AND PAY SYSTEM-ARMY (IPPS-A), TO ENSURE PROPER CFT SCORE RECORDING AND DATA EXCHANGE.

3.C.2.C. (U) UPON PUBLICATION OF THIS ORDER, IMPLEMENT A FORMAL REPORTING PROCESS TO INFORM ARMY SENIOR LEADERS ABOUT THE CFT'S IMPACT ON RECRUITING, RETENTION, AND STRENGTH MANAGEMENT READINESS WITHIN COMBAT CAREER FIELDS, WITH REPORT TO DCS G-1 AND DCS G-3/5/7 NLT 15 OCTOBER 2026.

3.C.2.D. (U) PROVIDE AN O5/O6 ACTION OFFICER TO PARTICIPATE IN THE AFSWG TO HOLISTICALLY REVIEW AND REFINE ARMY FITNESS STANDARDS. THE AFSWG WILL MEET QUARTERLY, WITH SEMI-ANNUAL UPDATES TO HQDA DCS, G-1 AND HQDA DCS, G-3/5/7 IAW EXORD 218-25.

3.C.3. (U) HQDA DEPUTY CHIEF OF STAFF (DCS), G-3/5/7.

3.C.3.A. (U) CONTINUE TO CHAIR THE AFSWG TO HOLISTICALLY REVIEW AND REFINE ARMY FITNESS STANDARDS. THE CORE WORKING GROUP INCLUDES ASA(M&RA), OSTG, HQDA DCS, G-1, HQDA DCS, G-3/5/7, WESTERN HEMISPHERE

COMMAND, TRANSFORMATION AND TRAINING COMMAND, ARNG, OCAR, AND OCLL. AFSWG WILL MEET QUARTERLY, WITH SEMI-ANNUAL UPDATES TO THE HQDA DCS, G-1 AND HQDA DCS, G-3/5/7. HQDA DCS, G-3/5/7 DIRECTOR OF TRAINING WILL SERVE AS THE AFSWG CHAIR.

3.C.3.B. (U) SUPPORT HQDA DCS, G-1 TOWN HALL SESSIONS TO INFORM LEADERS (G-3 / G-1) AT DIVISION AND ABOVE OF THE CFT FOR THE ARMY NLT

12 MONTHS AFTER PUBLISHING OF THIS ORDER

3.C.3.C. (U) CONDUCT A AFSWG GOSC TO BRIEF THE RESULTS OF THE 6-MONTH DIAGNOSTIC SCORES IN FIRST QUARTER, FY2027 TO ASSESS CFT IMPLEMENTATION. SPECIFICALLY ASSESS THE FOLLOWING FIELDS: (1) CFT NON-AVAILABILITY FOR ALL SOLDIERS IN DESIGNATED COMBAT SPECIALTIES BASED ON AFT PROFILING, (2) IMPACT OF RANK/GRADE ON NON-AVAILABILITY IN POINT 1, AND (3) CFT PASS RATES.

3.C.4. (U) OFFICE OF ARMY COMMUNICATIONS AND OUTREACH (ACOO).

3.C.4.A. (U) EXECUTE COMMUNICATIONS PLAN IN ANNEX J.

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3.C.4.B. (U) DEVELOP INFORMATION TOOLKIT THAT SUPPORTS COMMAND INFORMATION AND INFORMS SOLDIERS IN DESIGNATED COMBAT SPECIALTIES ON THE CFT CHANGES AND IMPLEMENTATION.

3.C.4.C. (U) FACILITATE TECHNICAL SUPPORT TO TOWN HALL EVENTS IN SUPPORT OF DCS, G-3/5/7 AND G-1.

3.C.4.D. (U) UPDATE CFT CONTENT ON MICROSITE (WWW.ARMY.MIL/CFT) NLT 1 MONTH AFTER PUBLICATION OF THIS ORDER.

3.C.5. (U) THE SURGEON GENERAL (TSG).

3.C.5.A. (U) PROVIDE AN 05/06 ACTION OFFICER TO PARTICIPATE IN THE AFSWG TO HOLISTICALLY REVIEW AND REFINE ARMY FITNESS STANDARDS. AFSWG WILL MEET QUARTERLY, WITH SEMI-ANNUAL UPDATES TO HQDA DCS, G-1 AND HQDA DCS, G-3/5/7.

3.C.5.B. (U) REVIEW ARMY PROFILE PROCESS AND PROCEDURES IN CONJUNCTION WITH ASA(M&RA).

3.C.5.C. (U) REVIEW MEDICAL QUALIFICATION CRITERIA FOR COMBAT SPECIALTIES ICW ASA(M&RA).

3.C.6. (U) CHIEF, ARMY RESERVE (OCAR).

3.C.6.A. (U) PROVIDE AN 05/06 ACTION OFFICER TO PARTICIPATE IN THE AFSWG TO HOLISTICALLY REVIEW AND REFINE ARMY FITNESS STANDARDS. THE AFSWG WILL MEET QUARTERLY, WITH SEMI-ANNUAL UPDATES TO HQDA DCS, G-1 AND HQDA DCS, G-3/5/7.

3.C.7. (U) CHIEF OF LEGISLATIVE LIAISON (OCLL).

3.C.7.A. (U) PROVIDE AN 05/06 ACTION OFFICER TO PARTICIPATE IN THE AFSWG TO HOLISTICALLY REVIEW AND REFINE ARMY FITNESS STANDARDS. THE AFSWG WILL MEET QUARTERLY, WITH SEMI-ANNUAL UPDATES TO HQDA DCS, G-1 AND HQDA DCS, G-3/5/7.

3.C.7.B. (U) IMPLEMENT THE CONGRESSIONAL ROLLOUT PLAN.

3.C.8. (U) DIRECTOR, ARMY NATIONAL GUARD (ARNG).

3.C.8.A. (U) PROVIDE AN 05/06 ACTION OFFICER TO PARTICIPATE IN THE AFSWG TO HOLISTICALLY REVIEW AND REFINE ARMY FITNESS STANDARDS. THE AFSWG WILL MEET QUARTERLY, WITH SEMI-ANNUAL UPDATES TO HQDA DCS, G-1 AND HQDA DCS, G-3/5/7.

3.C.9. (U) COMMANDER, U.S. ARMY TRANSFORMATION AND TRAINING COMMAND (T2COM).

3.C.9.A. (U) REVIEW ASSOCIATED FIELD MANUALS (FM), ARMY TECHNIQUES PUBLICATIONS (ATP), AND ARMY TRAINING INFORMATION SYSTEM (ATIS) TO DETERMINE SPECIFIC ADJUSTMENTS REQUIRED FOR CFT. REPORT FINDINGS TO HQDA DCS, G-3/5/7 (DAMO-TR) NLT 02 FEBRUARY 2027.

3.C.9.B. (U) REVISE ALL RELEVANT DOCTRINE TO REFLECT THE NEW CFT, TO INCLUDE FM 7-22 AND ATP 7-22.01/.02 NLT 1 MONTH AFTER PUBLICATION OF THIS ORDER.

3.C.9.C. (U) REVISE AND PUBLISH A NEW DA FORM 705 FOR USE WITH THE

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CFT NLT 1 MONTH AFTER PUBLICATION OF THIS ORDER.

3.C.9.D. (U) SUPPORT ATIS DATA EXCHANGE UPDATES.

3.C.9.E. (U) PROVIDE AN O5/O6 ACTION OFFICER TO PARTICIPATE IN THE AFSWG TO HOLISTICALLY REVIEW AND REFINE ARMY FITNESS STANDARDS. THE AFSWG WILL MEET QUARTERLY, WITH SEMI-ANNUAL UPDATES TO HQDA DCS, G-1 AND HQDA DCS, G-3/5/7.

3.C.10. (U) COMMANDERS, ALL ARMY COMMANDS (ACOM), ARMY SERVICE COMPONENT COMMANDS (ASCC), DIRECT REPORTING UNITS (DRU), UNITED STATES OFFICE OF THE CHIEF OF THE ARMY RESERVE (OCAR), AND DIRECTOR, ARMY NATIONAL GUARD (ARNG).

3.C.10.A. (U) ALL COMMANDERS AND LEADERS MUST REVIEW THIS ORDER AND INFORM THEIR SOLDIERS IN DESIGNATED COMBAT SPECIALTIES OF THE APPLICABLE CFT STANDARDS AND IMPLEMENTATION TIMELINE.

3.C.10.B. (U) ALL SOLDIERS IN DESIGNATED COMBAT SPECIALTIES REFERENCED IN PARAGRAPH 3.D.1 MUST TAKE A DIAGNOSTIC CFT AND UPLOAD THEIR SCORE CARDS INTO ATIS NLT 6 MONTHS AFTER PUBLISHING OF THE AD.

3.C.10.C. (U) COMMANDERS WILL IMPLEMENT THE CFT (PER PARAGRAPH 3.B.2) FOR ALL SOLDIERS IN DESIGNATED COMBAT SPECIALTIES.

3.C.10.D. (U) EXECUTE THE CFT IAW ANNEX B OF THIS EXORD.

3.C.10.E. (U) COMMANDERS WILL ENSURE SOLDIERS IN DESIGNATED COMBAT SPECIALTIES THAT ARE REQUIRED TO TAKE THE CFT RECEIVE AN INFORMATION BRIEF ABOUT THE EVENTS, SCORING STANDARDS, AND IMPACTS OF THE CFT.

3.D. (U) COORDINATING INSTRUCTIONS.

3.D.1. (U) COMBAT SPECIALTY MOS/AOC ARE: 11A, 11B, 11C, 11Z, 12A, 12B, 12D, 13A, 13F, 18A, 180A, 18B, 18C, 18D, 18E, 18F, 18Z, 19A, 19C, 19D, 19K, 19Z, 89D, AND 89E. 12D, 89D, AND 89E ARE ADDED TO THE LIST OF COMBAT SPECIALTIES REQUIRED TO MEET THE AFT COMBAT STANDARD AND TAKE AN ANNUAL CFT.

3.D.2. (U) COMPLY WITH ACTIONS OUTLINED IN PARAGRAPH 3.B.

3.D.3. (U) SOLDIERS IN DESIGNATED COMBAT SPECIALTIES IN THE REGULAR ARMY, AGR, AND RC ON ACTIVE-DUTY ORDERS FOR 365 DAYS OR MORE MUST PASS ONE (1) RECORD AFT PER CALENDAR YEAR AND (1) RECORD CFT PER CALENDAR YEAR, WITH NO LESS THAN FOUR (4) MONTHS BETWEEN PASSING RECORD TESTS.

BEGINNING 12 MONTHS AFTER PUBLICATION OF THIS ORDER, SOLDIERS WHO FAIL A CFT WILL BE RETESTED WITHIN 90-DAYS, CONSISTENT WITH ARMY POLICY.

3.D.4. (U) SOLDIERS IN DESIGNATED COMBAT SPECIALTIES IN THE RESERVE COMPONENTS, (EXCLUDING AGR, AND RC ON ACTIVE-DUTY ORDERS FOR 365 DAYS OR MORE) MUST PASS ONE (1) RECORD FITNESS TEST PER YEAR, ALTERNATING BETWEEN THE AFT AND CFT WITH NO LESS THAN EIGHT (8) MONTHS BETWEEN PASSING RECORD TESTS (UNLESS REQUIRED FOR PROMOTION OR SCHOOLING).

3.D.5. (U) PROFILES AFFECTING PHYSICAL TRAINING/TESTING.

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3.D.5.A. (U) SOLDIERS ON TEMPORARY PROFILE WILL NOT TAKE A RECORD CFT.

3.D.5.B. (U) SOLDIERS IN DESIGNATED COMBAT SPECIALTIES (SEE PARAGRAPH 3.D.1.) WITH AN AFT-LIMITING PERMANENT PROFILE MUST BE ABLE TO TAKE ALL AFT EVENTS WITHOUT AN ALTERNATE EVENT TO BE ELIGIBLE TO TAKE A CFT. SOLDIERS WITH AN AFT-LIMITING PERMANENT PROFILE WILL BE CONSIDERED FOR RECLASSIFICATION (SEE ANNEX A).

3.D.6. (U) PERSONNEL GUIDANCE (APPLICABLE TO COMBAT SPECIALTIES LISTED IN PARAGRAPH 3.D.1. WHOSE CFT SCORE IS MORE THAN 30 MINUTES): RETENTION, IN-SERVICE RECLASSIFICATION, PROMOTION, AND EVALUATIONS. SEE ANNEX A.

3.D.7. (U) BEGINNING 12 MONTHS AFTER PUBLICATION OF THIS ORDER, SOLDIERS WHO FAIL A RECORD CFT WILL BE FLAGGED, ENROLLED IN RECONDITIONING, AND RETESTED WITHIN 90 DAYS. FAILURE TO PASS A RECORD CFT WILL RESULT IN ADMINISTRATIVE ACTION ACCORDING TO APPLICABLE ARMY POLICY.

3.D.8. (U) BOTH AFT AND CFT PASS/FAIL RESULTS OR WAIVER WILL BE INCLUDED ON ALL EVALUATIONS NO LATER THAN 18 MONTHS AFTER PUBLICATION OF THIS ORDER.

3.D.9. (U) THE CFT IS NOT A SUBSTITUTE FOR THE AFT.

4. (U) SUSTAINMENT. N/A.

5. (U) COMMAND AND SIGNAL.

5.A. (U) COMMAND. POC FOR THIS EXORD IS HQDA DCS, G-3/5/7.

5.B. (U) SIGNAL. HQDA DCS, G-3/5/7 POINT OF CONTACT FOR THIS MESSAGE: COL BRENNAN SPEAKES, AT COMM: 703-692-8370 OR EMAIL BRENNAN.M.SPEAKES.MIL@ARMY.MIL.

6. (U) THE EXPIRATION DATE OF THIS EXORD COINCIDES WITH THE EXPIRATION DATE OF AD 2026-07 UNLESS FORMALLY RESCINDED OR SUPERSEDED.

ATTACHMENTS: **CAN BE ACCESSED ON THE HQDA DCS, G-3/5/7 WEBPORTALS:

NIPR:
<https://armyetaas.sharepoint-mil.us/sites/HQDA-G357-DAMO-OD/HQDA%20EXORDS/Forms/AllItems.aspx>

SIPR:
<https://g357.army.pentagon.smil.mil/OD/EXORD/Forms/AllItems.aspx>

ANNEX A - IMPLEMENTATION PLAN GUIDANCE.
ANNEX B - COMBAT FIELD TEST INFORMATION.
ANNEX C-I - NOT USED.
ANNEX J - PUBLIC AFFAIRS GUIDANCE.
ENCLOSURE 1 TO ANNEX J (COMMANDERS GUIDE).

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